

4.3 Middle East and North Africa

The IDF Middle East and North Africa Region ranges from Iran in the North, Pakistan in the East, Sudan in the South and Morocco in the West.

At a glance

	2015	2040
Adult population (20-79 years)	387 million	635 million
Diabetes (20-79 years)		
Regional prevalence	9.1% (6.3-12.2%‡)	11.4% (7.8-15.1%‡)
Age-adjusted comparative prevalence	10.7% (7.4-14.2%‡)	11.1% (7.7-14.9%‡)
Number of people with diabetes	35.4 million (24.3-47.4 million‡)	72.1 million (49.7-96.0 million‡)
Number of deaths due to diabetes	342,000	-
Health expenditure due to diabetes (20-79 years)		
Total health expenditure, R=2*, USD	17.1 billion	31.0 billion
Impaired glucose tolerance (20-79 years)		
Regional prevalence	7.8% (4.4-12.6%‡)	8.9% (5.2-14.3%‡)
Age-adjusted comparative prevalence	8.6% (5.0-13.8%‡)	8.8% (5.1-14.1%‡)
Number of people with impaired glucose tolerance	30.2 million (17.1-48.6 million‡)	56.6 million (32.8-90.4 million‡)
Type 1 diabetes (0-14 years)		
Number of children with type 1 diabetes	60,700	-
Number of newly diagnosed children each year	10,200	-

* See Glossary

‡ Uncertainty interval